

Momma's Allergen Chart

Description	Allergen										
	Egg	Milk	Fish	Shellfish	Peanut	Tree Nut	Soy	Wheat	Gluten	None	
DAIRY											
American Cheese		x					x				
SMOKED CHEDDAR CHEESE		x									
SHREDDED CHEDDAR CHEESE		x									
CREAM CHEESE		x									
FETA CHEESE		x									
MOZZARELLA CHEESE		x									
MUENSTER CHEESE		x									
SHREDDED PARMESAN CHEESE		x									
PEPPER JACK CHEESE		x									
PROVOLONE CHEESE		x									
SWISS CHEESE		x									
HALF & HALF CREAMER		x									
HARDBOILED CHOPPED EGG	x										
HARDBOILED WHOLE EGG W/ SHELL	x										
HARDBOILED WHOLE EGG PEELED	x										
PRE-COOKED SCRAMBLED EGGS	x	x					x				
INDIVIDUAL BOTTLED 2% MILK		x									
2% MILK		x									
MEATS											
CORNED BEEF							x				
PASTRAMI							x				
ROAST BEEF							x				
BOLOGNA										x	
HAM							x				
PEPPERONI										x	
SALAMI										x	
SAUSAGE LINK										x	
SAUSAGE PATTY										x	
POULTRY											
CHICKEN BREAST										x	
SMOKED TURKEY							x				
PAN ROASTED TURKEY							x				
CAJUN TURKEY							x				
FROZEN											
BAGEL								x	x		
MIXED BERRIES										x	
PITA BREAD								x	x		
CHOCOLATE BROWNIE	x					x	x	x	x		
SOUTHERN BISCUITS		x						x	x		
CHOCOLATE CHIP COOKIE	x	x					x	x	x		
CINNAMON ROLL		x						x	x		
SAUSAGE GRAVY	x	x					x	x	x		
VEGGIE BURGER		x					x	x	x		
SNICKERS PIE		x			x		x	x	x		
BUTTERFINGER PIE		x			x		x	x	x		
OREO PIE	x	x					x	x	x		
HOAGIE ROLL (FOR COLD CUT CATERING)							x	x	x		
SANTA FE BLACK BEAN SOUP							x				
BROCCOLI CHEESE SOUP		x					x				
BROCCOLI GOLD CHEESE SOUP		x					x				
BAJA CHICKEN ENCHILADA SOUP		x					x				
CHICKEN NOODLE SOUP	x						x	x	x		
SYSCO CLASSIC CHICKEN NOODLE SOUP	x						x	x	x		
CONCENTRATED CHICKEN NOODLE SOUP	x						x	x	x		
CHICKEN N' DUMPLING SOUP	x	x					x	x	x		
BOSTON CLAM CHOWDER	x	x	x				x	x	x		
PILGRIM CORN CHOWDER							x				
CREAM OF BROCCOLI		x					x	x	x		
CREAM OF POTATO		x					x	x	x		
FRENCH ONION SOUP							x	x	x		
GARDEN VEGETABLE W/ PASTA	x	x						x			
SAUSAGE & CHICKEN GUMBO							x				
ITALIAN WEDDING SOUP		x					x	x	x		
MINISTRONE SOUP	x	x					x	x	x		
POTATO W/ BACON SOUP	x	x					x	x	x		
SOUP POTATO WITH BAC RTU		x					x	x	x		
CREAMY TOMATO BASIL BISQUE		x						x	x		
MEXICAN TORTILLA SOUP		x					x				
VEGETABLE BEEF SOUP								x	x		
VEGETABLE BEEF W/ BARLEY				x			x	x	x		
FIRE ROASTED VEGETABLE							x	x	x		
LUMBERJACK VEGETABLE							x	x	x		
VEGETARIAN VEGETABLE							x	x	x		
TOMATO FLORENTINE	x	x	x				x	x	x		
TOMATO TORTELLINI	x	x						x	x		
WHITE CHICKEN CHILI		x					x				
WILD RICE W/ CHICKEN		x					x	x	x		
WISCONSIN CHEESE		x					x	x	x		
WHEAT WRAP							x	x	x		
CANNED & DRY GOODS											
BACON BITS							x				
BLACK BEANS										x	
GARBANZO BEANS										x	
ASSORTED CEREAL PACK								x	x		
CHILI								x	x		
FRITOS CORN CHIPS										x	
HARVEST CHEDDAR SUN CHIPS		x						x	x		

